

Date	Workshop	Venue
Wellbeing for Childcare Educators		Tutor: Lisa Nolan
Monday 16th October 2023 7pm – 9pm	<p>Everyone has everything they need to manage whatever life throws at them. This webinar demonstrates how you can manage stress and boost your own wellbeing. On completion of this webinar, you will be immediately able to implement what you have learned.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Know the importance of maintaining your well-being as a priority • How to know when other interventions are needed • Quick and free ways to overcome bad habits and boost your health and well-being every day • Simple techniques for harnessing your own physiology to keep calm, in advance and on the spot 	Online
Approaching parents about concerns in EY setting		Tutor: Ciara Watson
Tuesday 17th October 2023 7pm – 9pm	<p>This training will give you an understanding of how to approach parents in a positive manner with concerns you may have about a child. This will begin from settling a child into your setting, right through to ongoing concerns about a child. Throughout this course you will gain an understanding of what language to use, what questions you should ask to gain a greater understanding of concerns at home.</p> <p>Course Content</p> <ul style="list-style-type: none"> • How to discuss a child who may be finding it difficult to settle into a service. • How to approach parents about gaining AIM's supports. • Meeting with parents to get a greater understanding of concerns they may have at home. • How to use positive language and collaborate with parents in a positive manner to best support the child in your setting. • Ideas on external supports for the parents and who you can contact in your area for further information. • Discussing any concerns you may have in relation to your service. 	Online
Developing Language Skills Through Role Play		Tutor: Jenny Hillier
Wednesday 18th October 2023 7pm – 9pm	<p>This new, interactive webinar demonstrates how to use role play to support children's social, emotional and communication development using the Ruben's Baby programme. You will learn how these strategies can be applied to all resources within the Preschool room. Jenny discusses speech and language milestones for children aged 3-5 years.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Speech and language milestones for 3-to-5 year olds • The power of role play in the development of preschool children's communication skills • Ideas on how to use the resources you already have in the classroom to develop speech and language skills • Reluctant Talkers and How to Help • An introduction to the Rubens Baby programme • Q&A 	Online
Support & Supervision		Tutor: Grainne Burke
Tuesday 24th October 2023 7pm – 9pm	<p>The webinar covers leadership and supervision, the purpose of supervision and it's benefits to stakeholders. Learn how to conduct a supervision meeting, provide constructive feedback, manage performance and understand what is required in an annual appraisal.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Leadership and supervision • Supervision purpose, stakeholders, benefits, functions Supervision meeting & recording, constructive feedback • Performance management, annual appraisal • What makes supervision effective 	Online

Date	Workshop	Venue
Positive Behaviour		Tutor: Nicola Erasmus
<p>Wednesday 25th October 2023</p> <p>7pm – 9pm</p>	<p>In this webinar we outline what is challenging behaviour, and how children's thinking differs from adults. We learn to understand children's behaviour and how this impacts their emotional development when managing challenging behaviour.</p> <p>Course Content</p> <ul style="list-style-type: none"> • What is challenging behaviour? • Theory of understanding behaviour according to Bandura, Vygotsky Bronfenbrenner • Differences between how children and adults think and how this might impact on behaviour • Identify different styles of parenting /leadership style: Laissez-faire, democratic and authoritarian • Exploration of how the adult responds to challenging behaviour? • Strategies to support staff in the promotion of appropriate behaviour. Implementation of the setting of appropriate boundaries • Exploration of supporting children in Conflict resolution using High Scope conflict resolutions 6 steps • Exploration of prevention strategies of conflict resolution to include the classroom group dynamics, the physical layout of the room, materials and equipment and communicating with the children. • Discussion on the importance of consistency amongst practitioners and parents when dealing with conflict resolution and the promotion of appropriate behaviour Examine environmental factors which may impact behaviour • Outline approaches that can be introduced to facilitate and encourage partnership and participation between the children and practitioners within your service. 	<p>Online</p>
Supporting a Neurodiverse Child in your EY setting		Tutor: Ciara Watson
<p>Thursday 26th October 2023</p> <p>7pm – 9pm</p>	<p>This training will give you an introduction to Neurodiversity which is a term coined for any brain that is different including Autistic, ADHD, Dyspraxia to name a few and some practical supports you can implement in your setting. Throughout this webinar you will gain a positive understanding of neurodiversity and how a child may experience the world and how it is different to neurotypical children. It will also give you an understanding of the child's sensory system and regulation. Furthermore it will delve into the importance of the environment when supporting a child with autism and how you can utilise your environment to support that child. There will be a small introduction to the importance of visuals and how to easily implement them into your setting. You will get practical examples throughout along with a small starter pack of visuals after completion.</p> <p>Course Content</p> <ul style="list-style-type: none"> • A positive introduction to Neurodiversity. • An understanding of the sensory system and regulation. • The importance of the environment when supporting a child with autism. • Practical examples throughout the webinar. • An interactive webinar with plenty of time to ask questions. 	<p>Online</p>

Date	Workshop	Venue
Staff Induction Training		Tutor: Nicola Erasmus
<p>Wednesday 1st November 2023</p> <p>7pm – 9pm</p>	<p>Under the Child Care Act 1991 (Early Years Services Regulations), you are required to induct new staff members and support them in their first months at work. Inductions are crucial to ensure that new employees perform to the highest standard and to the policies and procedures of your setting. Effective inductions reduce staff turnover, errors and poor practice. Effective inductions also boost morale, improve motivation and set a high standard of safeguarding within your setting.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Introduction and Instructions • Induction: A Mandatory Requirement • The Influence of the Recruitment Process on Induction • Induction Objectives • The Purpose of Conducting an Induction • Elements of the Induction Program • How to Conduct Inductions Successfully 	<p>Online</p>
How to introduce visuals to your EY setting		Tutor: Ciara Watson
<p>Tuesday 7th November 2023</p> <p>7pm – 9pm</p>	<p>This training will give you an understanding of the importance of using visuals and how to implement them in your setting. Throughout this webinar you will gain an understanding of why using visuals are important when supporting neurodiverse children in your setting. Visuals are important for all children and can support areas such as transitioning and communication. It will look at the different types of visuals and how they can be easily implemented into your setting. On completion of the course you will get a starter pack of visuals that you can use in your setting. This training is very interactive and there will be loads of times for questions.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Why using visuals are important when working with a child with autism. • Different types of visuals. • How to implement them in your setting. • A starter pack of visuals on completion of course. • An interactive course with time to ask questions. 	<p>Online</p>
Occupational Therapy		Tutor: Bridget Long
<p>Tuesday 7th & Tuesday 14th November 2023</p> <p>7pm – 9pm</p>	<p>Practical strategies to help children with additional needs gain independence in everyday activities.</p> <p>Workshop One Independence and Confidence</p> <ul style="list-style-type: none"> • What are Independent living skills (ILS) • Understanding the underlying sensory contribution to ILS • Understanding executive functioning skills including attention and their contribution to ILS • Understanding the development of fine/gross motor skills and their contribution to ILS. <p>Workshop Two Introduction to emotional regulation</p> <ul style="list-style-type: none"> • Exploring triggers or functions • Understanding behaviours • Preventative strategies • Tools to teach new strategies to emotionally regulate • Compiling an emotional toolbox - to restore emotional balance. 	<p>Online</p>

Date	Workshop	Venue
Creative Mindfulness in The Early Years Setting		Tutor: Nicola Erasmus
<p>Thursday 9th November 2023</p> <p>7pm – 9pm</p>	<p>This webinar is ideal for anyone who works with children. Mindfulness enhances everyone's wellbeing. In this webinar, you will learn how to bring more calm to the classroom and create an uplifting environment. Along with learning how to promote wellbeing in children, you will grasp how to teach children to show gratitude and to enjoy everyday moments.</p> <p>Course Content</p> <ul style="list-style-type: none"> • How to bring more calm into the classroom • Create a more uplifting environment • Promoting wellbeing in children • Learning how to teach young children to pause, enjoy the everyday moments and show gratitude 	Online
Effective Room Leader		Tutor: Nicola Erasmus
<p>Monday 13th November 2023</p> <p>7pm – 9pm</p>	<p>Changing from the role of EY Educator to the role of Room Leader or Senior EY Educator can be a daunting experience. This course helps you develop new skills, defines leadership, provides tips to deal with staff, and explores how to deal with parents and students. On completion of this course, you will be more confident to deal with the challenges of your new role.</p> <p>Course Content</p> <ul style="list-style-type: none"> • What is a leader? • Dealing with staff • Introducing a new child to your room • Working with students • Dealing with parents 	Online
Positive Behaviour Level 2 Advanced		Tutor: Nicola Erasmus
<p>Wednesday 15th November 2023</p> <p>7pm – 9pm</p>	<p>With the right knowledge and techniques - and the understanding, you can handle challenging behaviour effectively, appropriately, and confidently. Learn how to create an emotional environment and get the most out of your activities. the webinar also explores how mindfulness can be used in the classroom.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Reflective practitioner questioning • Intensive interactions Introduction • Creating the emotional environment within the classroom, making use of activities, structured and explorative play, and games that encourage curiosity • The environment as the third teacher - further exploring invitation to play • Small group and large group time as a strategy, what it entails, linking with Aistear Siolta & structured group play • Mindfulness in the classroom • In depth look at the 6 steps of conflict resolution for all ages 	Online
Occupational Therapy		Tutor: Bridget Long
<p>Tuesday 21st & Wednesday 29th November 2023</p> <p>7pm – 9pm</p>	<p>Practical strategies to help children with additional needs gain independence in everyday activities.</p> <p>Workshop One Independence and Confidence</p> <ul style="list-style-type: none"> • What are Independent living skills (ILS) • Understanding the underlying sensory contribution to ILS • Understanding executive functioning skills including attention and their contribution to ILS • Understanding the development of fine/gross motor skills and their contribution to ILS. <p>Workshop Two Introduction to emotional regulation</p> <ul style="list-style-type: none"> • Exploring triggers or functions • Understanding behaviours • Preventative strategies • Tools to teach new strategies to emotionally regulate • Compiling an emotional toolbox - to restore emotional balance. 	Woodlands House Hotel, Adare

Date	Workshop	Venue
Transitions Within the Daily Routine		Tutor: Nicola Erasmus
Wednesday 22nd November 2023 7pm – 9pm	<p>Throughout the Early Years period, children experience a number of transitions. However, some transitions within the daily routine can be difficult. Children can become upset and frustrated if transitions are not managed properly. Did you know that this is a red flag area; poorly managed transitions can lead to a non-compliance during an inspection? To reduce your risk of non-compliance, this course provides lots of valuable tips for you to apply when children navigate daily routine transitions. The course comes with a free downloadable resource full of songs to sing for children at various transitions. This course is designed for Early Years managers and educators who want to improve daily routine transitions in their service.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Introduction • Lesson 1: Defining Transitions • Lesson 2: Different Types of Transitions • Lesson 3: Transitions Within the Daily Routine • Lesson 4: Strategies to Promote Smooth Transitions Within a Setting • Lesson 5: Activities to Support Daily Transitions 	Online
Limerick Childcare Committee Christmas Network		
Thursday 23rd November 2023 7pm – 10pm	<p>Christmas Networking event for all staff working in Early Years/SAC services in Limerick.</p>	Woodlands House Hotel, Adare
Easy Meals and Snack Ideas Workshop		Tutor: Dr. Colette Reynolds
Tuesday 28th November 2023 7pm - 8pm	<p>In this workshop, Colette from GrowingHealthyEaters.ie will give some ideas to ensure children are offered a varied and balanced diet. This means easy meals using various proteins, carbohydrates and vegetables. Simple snack ideas will also be proposed, using various fruit and vegetables.</p>	Online
Aistear and the Child Directed Curriculum		Tutor: Gillian Powell
Wednesday 29th November 2023 7pm – 9pm	<p>This webinar will provide a practical, evidence-based guide to using the Aistear Curriculum Framework in busy Early Years settings. It will explore how to encourage a child's individual interests while encouraging communicating and exploring and thinking in a group situation.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Recording children's interests with ease in an early years setting • Involving parents in the Aistear Early Years Framework • Promoting children's interests = promoting children's well-being , identity and belonging (examples from practice) • 20 practical ideas for promoting communicating and exploring and thinking in an early years setting 	Online
Creative Mindfulness for SAC		Tutor: Nicola Erasmus
Wednesday 6th December 2023 7pm – 9pm	<p>Mindfulness activities and meditation breathing exercises can be taught within the Afterschool setting and bring great joy to everyone.</p> <p>Course Content</p> <ul style="list-style-type: none"> • How to bring more calm into the classroom • Create a more uplifting environment • Promoting wellbeing in children • Learning how to teach young children to pause, enjoy the everyday moments and show gratitude 	Online

Date	Workshop	Venue
Outdoor Maths Play in the EY Setting		Tutor: Gillian Powell
<p>Tuesday 12th December 2023</p> <p>7pm – 9pm</p>	<p>This webinar is inspired by new sensory experiences that give children an opportunity to develop maths based play. It explores messy play as a basis for learning outdoors and provides practical examples of maths play outdoors for all seasons. The webinar also examines the role of the adult in embracing the challenges of social and emotional maths play in an early years setting.</p> <p>Course Content</p> <ul style="list-style-type: none"> • The outdoors as a context for learning in the Early Years • Messy play as a basis for learning outdoors • Practical examples of maths play in all seasons • Embracing the challenges of social and emotional maths play in an Early Years setting- The role of the adult 	Online
Free Play, Risk and Social and Emotional Development		Tutor: Dr. Mary O’Kane
<p>Thursday 14th December 2023</p> <p>7.30pm – 9.30pm</p>	<p>Social and Emotional skills are some of the most important skills for young children to develop in terms of their personal wellbeing. Free play is very important in this regard. It is the primary way in which children learn to solve problems, engage in conflict resolution, and become emotionally resilient. However, in our culture today children are often deprived of freedom for exploration. In this webinar, Mary explores the value and impact of opportunities for free play and encourages us to re-think our attitude to risk.</p> <p>Course Content</p> <ul style="list-style-type: none"> • The Value of Free Play • The Impact of Parenting and Play • The Relationship Between Wellbeing and Play • The Playdate Generation • Re-Thinking Risk 	Online
Leadership: Supporting Quality in Early Learning and Care Settings		Tutor: Grainne Burke
<p>Monday 15th January 2024</p> <p>7pm – 9pm</p>	<p>The webinar explores concepts of leadership, understanding of leadership styles, development of leadership, teamwork, effective communication, motivation and more. This webinar is suitable for all staff working in childcare with an interest in leadership. It will be of interest to owners, managers, supervisors, room leaders and early years educators.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Role of leaders and leadership styles • Managing staff teams and teamwork • Delegation – why, when, how • Effective communication • Having difficult conversations • Professional boundaries 	Online
Creative Nature Play Opportunities for Babies and Toddlers		Tutor: Gillian Powell
<p>Tuesday 16th January 2024</p> <p>7pm – 9pm</p>	<p>The activities described in this webinar, encourage love and connection between the educator and the child and base the play experiences on a nature pedagogy. The play opportunities explore the four themes of Aistear – Well Being - Exploring and Thinking – Identity and Belonging – Communicating. The resources (mainly natural materials) are sustainable and cheap to provide.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Nature based playful activities designed to support baby and toddler play. • Support you to ensure that babies and toddlers explore their environment with all of their senses. • The webinar focuses on the four themes of Aistear - Exploring and Thinking - Well-being - Identity and Belonging - Communicating. • The natural world provides wonderful found materials to use in early years play and Gillian’s ideas use these materials in a creative way to ensure that babies can develop holistically. 	Online

Date	Workshop	Venue
Aistear Outdoors	Ideas for 4 seasons	Tutor: Gillian Powell
<p>Tuesday 30th January 2024</p> <p>7pm – 9pm</p>	<p>Exploring and Thinking, Identity and Belonging, Communicating and Well Being are not just concepts for inside. The four themes of Aistear can be integrated into child-directed outdoor play. Gillian has years of experience planning an outdoor curriculum that ensures children have rich learning experiences outdoors and that it is an easy experience for staff.</p> <p>Course Content</p> <ul style="list-style-type: none"> • Well Being – Outdoors for staff and children. • Exploring and Thinking in Spring, Summer, Autumn and Winter • Tuff Tray ideas for outside. • Ensuring all children have opportunities to communicate outside. • Identity and Belonging ideas for the outdoors. 	<p>Online</p>