

Date and Time	Workshop	Venue
<b>Occupational Therapy – Workshop 1 &amp; 2</b>		
<p><b>Monday 21<sup>st</sup> November</b>  6.30pm – 8.30pm</p> <p><b>Monday 5<sup>th</sup> December</b> 6.30pm – 8.30pm</p>	<p>Practical strategies to help children with additional needs gain independence in everyday activities.</p> <p><b><u>Workshop One</u></b> Independence and Confidence</p> <ul style="list-style-type: none"> <li>• What are Independent living skills (ILS)</li> <li>• Understanding the underlying sensory contribution to ILS</li> <li>• Understanding executive functioning skills including attention and their contribution to ILS</li> <li>• Understanding the development of fine/gross motor skills and their contribution to ILS.</li> </ul> <p><b><u>Workshop Two</u></b> Introduction to emotional regulation</p> <ul style="list-style-type: none"> <li>• Exploring triggers or functions</li> <li>• Understanding behaviours</li> <li>• Preventative strategies</li> <li>• Tools to teach new strategies to emotionally regulate</li> <li>• Compiling an emotional toolbox - to restore emotional balance.</li> </ul>	<p><b>Southcourt Hotel</b></p>
<b>Positive Behaviour</b>		
<p><b>Wednesday 23rd November</b>  7pm – 9pm</p>	<p>In this webinar we outline what is challenging behaviour, and how children's thinking differs from adults. We learn to understand children's behaviour and how this impacts their emotional development when managing challenging behaviour.</p> <p><b><u>Course Content</u></b></p> <ul style="list-style-type: none"> <li>• Differences between how children and adults think and how this might impact on behaviour</li> <li>• Identify different styles of parenting /leadership style: Laissez-faire, democratic and authoritarian</li> <li>• Exploration of how the adult responds to challenging behaviour?</li> <li>• Strategies to support staff in the promotion of appropriate behaviour. Implementation of the setting of appropriate boundaries</li> <li>• Exploration of supporting children in Conflict resolution using High Scope conflict resolutions 6 steps</li> <li>• Exploration of prevention strategies of conflict resolution to include the classroom group dynamics, the physical layout of the room, materials and equipment and communicating with the children.</li> <li>• Discussion on the importance of consistency amongst practitioners and parents when dealing with conflict resolution and the promotion of appropriate behaviour Examine environmental factors which may impact behaviour</li> <li>• Outline approaches that can be introduced to facilitate and encourage partnership and participation between the children and practitioners within your service.</li> </ul>	<p><b>Online</b></p>

Date and Time	Workshop	Venue
<b>Christmas and Winter Activities with Found Materials</b>		
<p><b>Tuesday 29<sup>th</sup> November</b></p> <p><b>7pm – 9pm</b></p>	<p>This webinar provides demonstrations for ideas and arts and crafts that will get your festive season off to a fun start. The webinar explores how you should present creative ideas to children and how you can use items, even waste items in your creation. The webinar also suggests items that you can save and collect all year round.</p> <p><b>Course Content</b></p> <ul style="list-style-type: none"> <li>• Ideas on presenting creative activities for children</li> <li>• Using found materials including natural, recyclable and items that are often waste</li> <li>• Ideas for acknowledging winter festivals from around the world</li> <li>• Materials that are useful to save and collect</li> </ul>	<p><b>Online</b></p>
<b>Creative Mindfulness in The Early Years Setting</b>		
<p><b>Wednesday 30<sup>th</sup> November</b></p> <p><b>7pm – 9pm</b></p>	<p>This webinar is ideal for anyone who works with children. Mindfulness enhances everyone's wellbeing. In this webinar, you will learn how to bring more calm to the classroom and create an uplifting environment. Along with learning how to promote wellbeing in children, you will grasp how to teach children to show gratitude and to enjoy everyday moments.</p> <p><b>Course Content</b></p> <ul style="list-style-type: none"> <li>• How to bring more calm into the classroom</li> <li>• Create a more uplifting environment</li> <li>• Promoting wellbeing in children</li> <li>• Learning how to teach young children to pause, enjoy the everyday moments and show gratitude</li> </ul>	<p><b>Online</b></p>
<b>Sharing Sensitive News</b>		
<p><b>Tuesday 6<sup>th</sup> December</b></p> <p><b>7pm – 9.30pm</b></p>	<p>The manner in which you communicate sensitive news directly impacts how the receiver perceives and reacts to the situation. By delivering sensitive news well, you can strengthen the relationship with the parents involved. To do so, you require a system to talk to parents about concerns they have about their child in your care. This webinar helps you apply effective communication strategies.</p> <p><b>Course Content</b></p> <ul style="list-style-type: none"> <li>• How parents feel when they receive sensitive news</li> <li>• Being aware of parent's reaction to sensitive news</li> <li>• Effective communication strategies for sharing sensitive news</li> <li>• Discussing challenging cases and scenarios with other professionals</li> </ul>	<p><b>Online</b></p>
<b>Christmas Network Meeting</b>		
<p><b>Thursday 8<sup>th</sup> December</b></p> <p><b>7pm – 10pm</b></p>	<p>Celebrating 21 years of the Limerick Childcare Committee</p>	<p><b>Woodlands House Hotel</b></p>



Date and Time	Workshop	Venue
<b>Developing Language Skills Through Role Play</b>		
<b>Wednesday 25<sup>th</sup> January 2023</b>	<p>This new, interactive webinar demonstrates how to use role play to support children's social, emotional and communication development using the Ruben's Baby programme. You will learn how these strategies can be applied to all resources within the Preschool room. Jenny discusses speech and language milestones for children aged 3-5 years.</p> <p><b>Course Content</b></p> <ul style="list-style-type: none"> <li>• Speech and language milestones for 3-to-5 year olds</li> <li>• The power of role play in the development of preschool children's communication skills</li> <li>• Ideas on how to use the resources you already have in the classroom to develop speech and language skills</li> <li>• Reluctant Talkers and How to Help</li> <li>• An introduction to the Rubens Baby programme</li> <li>• Q&amp;A</li> </ul>	<b>Online</b>
<b>Occupational Therapy – Workshop 1 &amp; 2</b>		
<b>Monday 7<sup>th</sup> February 2023</b>  <b>6.30pm – 8.30pm</b>          <b>Thursday 21st February 2023</b>  <b>6.30pm – 8.30pm</b>	<p>Practical strategies to help children with additional needs gain independence in everyday activities.</p> <p><b>Workshop One</b> Independence and Confidence</p> <ul style="list-style-type: none"> <li>• What are Independent living skills (ILS)</li> <li>• Understanding the underlying sensory contribution to ILS</li> <li>• Understanding executive functioning skills including attention and their contribution to ILS</li> <li>• Understanding the development of fine/gross motor skills and their contribution to ILS.</li> </ul> <p><b>Workshop Two</b> Introduction to emotional regulation</p> <ul style="list-style-type: none"> <li>• Exploring triggers or functions</li> <li>• Understanding behaviours</li> <li>• Preventative strategies</li> <li>• Tools to teach new strategies to emotionally regulate</li> <li>• Compiling an emotional toolbox - to restore emotional balance.</li> </ul>	<b>Southcourt</b>
<b>Approaching Parents about Concerns in Early Years Settings</b>		
<b>Wednesday 14<sup>th</sup> December</b>  <b>7pm – 9pm</b>	<p>Throughout this course you will gain an understanding of what language to use, what questions you should ask to gain a greater understanding of concerns at home and how to approach a parent about gaining AIM supports.</p> <p><b>Course Content</b></p> <ul style="list-style-type: none"> <li>• How to discuss a child who may be finding it difficult to settle into a service.</li> <li>• How to approach parents about gaining AIM supports.</li> </ul>	<b>Online</b>

	<ul style="list-style-type: none"><li>• Meeting with parents to get a greater understanding of concerns they may have at home.</li><li>• How to use positive language and collaborate with parents in a positive manner.</li><li>• Ideas on external supports for the parents and who you can contact in your area for further information.</li><li>• Discussing any concerns you may have in relation to your service.</li></ul>	
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